



A Partnership for Health

Friends Center City-Riverfront (FCC-R) is the pioneer program of Friends Center City (formerly Friends Center City Retirement Community), which is a Quaker community based organization dedicated to establishing vibrant senior living options in urban Philadelphia. This is not an enclave or a campus, but an integrated approach to true independence and wellness by taking advantage of all the city has to offer.

To provide a comprehensive approach to health and health care, FCC is partnering with Friends Life Care (FLC), familiar to many in the Delaware Valley. Founded in 1985, FLC is the largest continuing care at home provider in the country. A nonprofit Quaker organization, FLC provides in-home health care, related personal-care services and facility care to enrolled members. The unique FLC Plan is not the same as long-term-care insurance. FLC is focused on ability vs. disability, and recognizes that prolonging independence is crucial to emotional and physical quality of life at any age.

FLC will work in concert with the leadership and management of FCC-R to create a long term health plan for each resident to support their goals and needs for health services and provide much more than just long term care insurance. Each resident of FCC-R will work with FLC through an assessment process to evaluate how the community and FLC can best meet current and anticipated needs.

FLC will provide a dedicated care coordinator who will be a familiar link for residents to the many benefits of a personalized health plan and will:

- Serve as an advocate for FCC-R residents in navigating the health care system
- Provide assistance with outpatient health care needs such as
 - Medical transportation arrangements
 - Scheduling outpatient medical services, in-home therapies, treatments, and medications
- Conduct periodical health assessments and maintain health records
- Coordinate the full spectrum of home care services to help each resident remain at FCC-R for as long as practical and safe
- Assist with referrals within the health care system as needed
- Direct the process to increase health support services when needed including obtaining expanding levels of home health care
- Coordinate transition to long term health facilities when needed
- Provide planning and care after a transition from Friends Center City-Riverfront

In addition, FLC will make available to all residents of FCC-R their Life Phone emergency response system at an additional charge.

Understanding changing needs, managing transitions, and responding in partnership, FLC will provide leadership and integration to fulfill the promise of living in the city with a personal safety net.